

## **Camp Talooli – Winter Camp** *Parent Letter*



Dear Parent/Guardian:

**WELCOME** - Winter day camp at Camp Talooli is a great time filled with tons of sledding, playing in the snow, crafts, baking, and much more! Our staff is looking forward to another fun, adventuresome, and snowy week at camp!

**HEALTH AND WELLNESS** - We must have a completed Health History and Examination Form for each camper coming to Winter Camp. Forms that were completed for the previous summer season cannot carry forward, as they were completed for the previous year, therefore we will need a new health forms for all campers. Health History forms can be completed online by logging into your online account. Your child does not need to have a physical, but it is very important that we have as much information about your child as possible. The necessary information is required by the NYS Health Department.

If your child will require any medication while at Camp, we require a doctor's note indicating the medication and dosage. We will need the medicine in its' original prescription bottle and it will only be dispensed according to the doctor's directions.

**LUNCH** - Each day we will provide lunch and an afternoon snack that the children can choose to help prepare. Both lunches and snacks will be items that most children will like. Typical menu items include things like English muffin pizzas, chicken nuggets, grilled cheese, and tacos. Peanut butter and jelly is always an option. Afternoon baking options include cookies, brownies, cupcakes, etc. Children are welcome to bring their lunch from home if they choose.

**WHAT TO BRING** – We spend a great deal of time playing outside in the snow during Winter Camp, so your campers should come prepared with winter gear and extra clothes. We suggest you pack the following: winter jacket, snow suit/pants, hat, sneakers for inside, extra mittens and socks, extra jacket (for the ride home), plastic bag for wet clothes, and a sled. We will keep all sleds/saucers/snow tubes during the week and send them home on Friday. Please be sure to label all items as we try to make sure everything comes home each day but often unlabeled items are left behind.

If you have any further questions, please feel free to contact our office at (315) 934-4051 or at camp when it is in session at (315) 695-5932. Also, follow us on Facebook!

Sincerely,

*Kelly Peneston*

Kelly Peneston  
Camp Director